



Mindset Miracles

Hypnotherapy
Certified Hypnotherapist
Master NLP Practitioner
Business/Life Coach

Agi Mooy

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Hypnosis can support you to

Empower you to

Release

Anxiety/Anger

Release Stress

Manage Grief

Overcome Phobias

**Overcome limiting
Beliefs**

**Optimise Power of
Positive Thinking**

Motivation

Confidence, Self

Respect

Concentration

Enhance Creativity

Quit Smoking

Quit Vaping

Quit Gambling

Quit/Reduce Alcohol

Quit Sugar

Quit Overeating

Quit Nail biting

Quit Self harming

PAIN MANAGEMENT

Chronic Pain

Irritable Bowel Syndrome

Hypnotherapy Sessions

available

**Face to Face &
Zoom**

