

THE FIRST STEP TO CHANGE IS **CHOOSING** NOT TO STAY THE SAME.

Our Approach

- NLP & Strategic Psychotherapy
- Clinical Hypnotherapy
- Trauma-Informed Counselling
- Somatic & Subconscious Healing



Real People Real Change

We help women, couples, and professionals break old patterns and step into their best selves.

Who We Are

Beyond NLP Coaching helps you break free from stress, burnout, and old patterns. Using NLP, hypnotherapy, and trauma-informed therapy, we create lasting change. Founded by Sarah Chemaissem, Strategic Psychotherapist & NLP Master Trainer, our practice bridges neuroscience with compassion



What We Offer

- 1:1 Therapy (Online & In-Person)
- EmpowerHer Circle (Women's Group)
- Couples Coaching & Relationship Repair
- Practitioner Training & Workshops
- MP3 Hypnosis Tools & Tailored Programs



One Moment One Decision **EVERYTHING** **CHANGES**



Beyond NLP Coaching



What if
30 minutes
could **Change**
Your Life?



Beyond NLP Coaching

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OUR SHOW SPECIALS

SPECIAL OFFER

HYPNOSIS EXPERIENCE

20 MINUTE + RECORDING

Personalised session with Sarah
Take-home recording to replay anytime
10-min clarity debrief
Special expo discounts



25% OFF ALL PRODUCTS
EXPO SPECIAL ONLY

Online Code: **MBS25OFF**

SPECIAL OFFER

10% OFF PACKAGES

Choose the path that fits you

- 3 sessions: Emotional Detox
- 6 weeks: Rapid Reset
- 3 months: Clearer Mind
- 6 months: Deep Transformation



Pre-book
your show
Hypnosis
Experience



BOOK NOW