

Dunja Indira

Where Psychology Meets Spirituality



“The privilege of a lifetime is to become who you truly are.”

- Carl G. Jung



Services

Hi! My name is Dunja Indira Bastiaens. I am an AHPRA registered general psychologist, based in Australia, who offers evidence-based therapy to support personal growth, healing, and self-discovery. What sets my approach apart is the way I integrate spiritual wisdom alongside modern psychological methods.

To become who we truly are, as Carl G. Jung so beautifully described, we are required to go beyond the surface of the human experience. It is about recognising that we are more than our ego, more than our past experiences and more than our limiting beliefs. At a soul level, our potential is limitless — yet true growth begins by exploring the depths of our psyche.



In my sessions, I guide you in healing the wounds of the ego while also helping you connect with the deeper wishes and desires of your soul. While spiritually inspired, my practice remains grounded in modern psychology, using evidence-based tools to address psychological symptoms and support meaningful transformation.

If you would like more information on my services or you are interested in booking a session with me, please visit my website. I look forward to meeting you!

Thanks, Dunja

