



Friends *of* Natural Medicine

WIN A NATURAL WELLNESS HAMPER!

Visit the **Friends of Natural Medicine** stand A29 at the MindBodySpirit Festival and discover a world of trusted natural health information and inspiration.

- Join FREE as a Friend of Natural Medicine
- Receive wellness tips, recipes, blogs and podcast updates
- Access trusted natural health resources
- Connect with accredited natural medicine practitioners across Australia
- Go into the draw to WIN a wellness hamper packed with natural health goodies!



Example only, Actual products may differ



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Join **Friends of Natural Medicine**, an initiative connecting you with trusted natural health content, including:

- Health tips and insights
- Healthy recipes
- Inspiring podcasts
- Practical practitioner advice



JOIN THE COMMUNITY!



Need support on your health journey?

Connect with an accredited practitioner in your local area across disciplines including naturopathy, nutrition, acupuncture, remedial massage and more.

atms.com.au/find-a-practitioner

