



Experience the magic of nature



01 Turmeric Ginger Honey

- Enjoy the refreshing blend of our Turmeric Ginger Honey, prepared to support anti-inflammatory purposes, beneficial for bone and joint health.



02 Herbal Honey

- Savor the harmony in our handcrafted Herbal honey, infused with aromatic herbs and spices for a truly unique experience. Beneficial during the sniffy season, and ideal for daily use to boost immunity.



03 Golden Ghee

- Ghee is clarified butter, the purest form of butter. To prepare ghee, all milk solids are removed, making it easy to digest and good for gut health.
- Introducing ghee to babies over 6 months old is beneficial for strengthening their bones and supporting overall development.



04 Garlic Garden Ghee

- Herbs and spices' medicinal properties can be effectively absorbed and delivered to specific areas of the body when combined with ghee.
- Ghee's unique ability to penetrate deep into the body's tissues is why Ayurveda has used it in thousands of herbal remedies.



05 Turmeric & Turmeric Chai

- Curcuma longa, or turmeric, is a powerful spice with deep roots in Ayurvedic medicine.
- It is widely used for its anti-inflammatory, antioxidant, and immune-boosting properties.



06 Masala Chai & Choco chai

- Our Traditional Indian Masala Chai and Choco chai is a bold and aromatic blend of hand ground spices, crafted to invigorate your senses and soothe your soul.

SCAN ME



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Pure Ingredients Pure taste :

At Health, Herbs, and Beauty, we offer a thoughtfully curated range of premium products that embrace the essence of nature. From our fragrant chai blends to our rich, flavorful honey and ghee, each item is handcrafted with love and care. Discover our diverse selection and indulge in the pure joy of natural goodness.

Ingredients you can trust

At Health Herbs Beauty, we believe that living well starts with good food. It feeds us physically, mentally and emotionally. You've got a lot to do in a day, so we've taken the time to design good simple foods around the speed at which we live. We take care of food, so that food can take care of you.



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Did you know?

We use handpicked ingredients in all our health products, ensuring top quality and maximum benefits. Discover the exceptional ingredients and their health-boosting properties.



Curcuma Longa (Turmeric)

It has antibacterial, antiviral, anti-inflammatory, antitumor, antioxidant, and antiseptic properties, contributing to overall health.



Cardamom

Known for improving digestion and detoxifying the body, cardamom also helps reduce bloating and supports respiratory health.



Cinnamon

Helps regulate blood sugar levels, promotes healthy digestion, and has warming, anti-inflammatory properties.



Ginger

Aids digestion, reduces nausea, and has anti-inflammatory benefits that improve circulation and support immune health.



Tulsi (Holy Basil)

Revered for reducing stress and anxiety, boosting immunity, and improving respiratory function.



Fennel

Soothes digestion, reduces bloating, and has a cooling effect that balances the body's internal systems.



Clove

Known for its antibacterial and analgesic properties, clove supports oral health and relieves indigestion.



Black pepper

Enhances digestion, improves nutrient absorption, and has antioxidant properties that support overall immunity.

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A women-owned local business - Hand crafted Nature

Hiral Limbachiya, the heart and soul behind Handcrafted Nature, carries forward the rich traditions and values instilled by our grandfather. With a passion for natural health and wellness, Hiral meticulously crafts each product with love and the finest natural ingredients

From aromatic teas and nourishing one-pot meals to wholesome ghee and pure honey, every item is made to help you reconnect with the essential principles of self-care and holistic health.



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Our Story

At Health, Herbs, and Beauty, our journey is deeply rooted in a family legacy of healing. Our grandfather, a respected Ayurvedic doctor, devoted his life to natural remedies, inspiring us to continue his legacy through our small, home-based business. As a Registered Nurse in Australia, with a lineage steeped in Ayurvedic medicine—my brother and grandfather also practitioners—we blend tradition with modern wellness to offer products crafted with care and the finest natural ingredients.

From a young age, we imbibed the wisdom of natural health from our grandfather, who artfully combined herbs and spices to promote holistic well-being. His teachings underscore our belief that true wellness begins internally, and nature provides all we need to thrive. These early lessons form the foundation of our approach today. In today's fast-paced world, we strive to reconnect you with the essence of self-care and holistic health through our thoughtfully curated products. Choosing Health, Herbs, and Beauty means embracing a tradition of compassion, care, and natural healing that spans generations.

Join us in honoring our family's Ayurvedic heritage and nurturing a healthier future for ourselves and our community. Discover the transformative power of Ayurveda with us, and let us guide you on a journey towards holistic well-being.



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