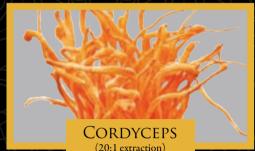
12 APOSTLES - MAGIC MUSHROOMS

24 PLANT BASED INGREDIENTS EVERY INGREDIENT CERTIFIED ORGANIC

























IMMUNE SYSTEM SUPPORT

- Enhances and strengthens the immune system by up to 10 times-when consumed as a complex blend of 12 mushrooms.
 - Immune modulator, regulating and stimulating immune responses.
- Fights autoimmune diseases with ganoderic acids.
- Processes interferons and interleukins 1 and 2, essential for immune defence.
- High in polysaccharides and beta-glucans, which strengthen the immune system.

HEALTH & DISEASE PREVENTION

- Improves oxygen utilisation and liver function.
- High in antioxidants, promoting overall health and longevity.
- Supports cardiovascular health by modulating blood quality and reducing bad cholesterol.
- Powerful in helping prevent and manage mutated cells and helps prevent cells from becoming carcinogenic.
- Approved drug for autoimmune diseases and the c word in Japan and China.

PHYSICAL HEALTH & RECOVERY

- Aids in recovery from illness and surgery.
- Safe for use during pregnancy and post-pregnancy recovery.
- Promotes healthy skin and connective tissues.
- Increases stamina, endurance, and overall vitality.
 - Supports cell regeneration, contributing to anti-ageing effects.
 - Have 350 chromosomes (humans 46 chromosomes)

GENERAL WELLBEING

- Enhances and alters brain chemistry and nerve function for the better.
- Boosts cognitive function and increases nerve health factors.
- Reduces stress and promotes mental clarity.
 - Contains phytochemicals that enhance overall health.
- Increases natural cleansing agents in the body.
 - Optimises health and wellness.

22 x Tonic Herbs

Can be eaten every day as food: This also helps to tone, enliven, and restore the body system. They are high in nutritional value and medicinal content, a proven history, whole-herb synergy that creates potential for healing and invigorating.



19 x Adaptogens

These herbs that have been used for 1000's of years. Brakeman PhD Said "an increase in the power of resistance against multiple stressors including physical, chemical, or biological agents. These herbs aid our bodies in reacting to or recovering from both short and long-term physical or mental stress. Some also boost immunity and overall well-being. Research shows adaptogens can combat fatigue, enhance mental performance, ease depression and anxiety, and help you thrive.



19 x Traditional Chinese Herbs

6000 years these practitioners gathered a wealth of information, wisdom, and knowledge about the medicinal properties of herbs, mushrooms, and other plants. The theory is based on one's ability to observe the potential cause of disease. The use of herbs and dietary changes create natural medicine for the body to be healthy and wipe out the cause of sickness in the body, through noninvasive techniques, like massage, acupuncture, diet and taking herbs.



4 x Superfoods

"These include foods that have a dozen or more unique properties," (David Wolfe). Nutrient-rich food considered to be especially beneficial for health and well-being.



3 x Traditional Ayurvedic Herbs

5000 years Ayurvedic healing and life balance has been perfected. It is designed to maintain health and starve off disease by fine tuning, lifestyle and diet to fit our bodies constitution. The herbal remedies can be taken every day to build maintain health.



Moringa

COMPLETE PROTEINS mplete protein must have 9 of the 22 amino acids, tha

A complete protein must have 9 of the 22 amino acids, that are not produced by the body but need to be eaten. Protein is an important nutrient that is essential for building, maintaining, and replacing the cells in your body. It helps by making enzymes, hormones, and other chemicals for the body. "Protein is an essential macronutrient that helps build muscle, repair, tissue, and make enzymes and hormones," (David Wolfe).



ABSORPTION DRIVER
Drives the nutrition in to the body,
making it more absorbable and stays in the system longer.













