

# Feeling stuck? Repeating the same old patterns?

That's because **95%** of your  
brain's activity is **subconscious**

Yet your desire to change comes from the  
**conscious** mind

**PSYCH-K®** allows you to *rewrite* your  
subconscious programs so they  
**align with your conscious goals.**

**That's when real change begins!**



Contact Gemma on  
0427 800 082

[www.lifewellbalanced.au](http://www.lifewellbalanced.au)



# Change the program. Change your life.

Your experience of life is a direct printout of your subconscious beliefs or programs. When the programs stay the same, familiar patterns continue, even when you consciously want change

With PSYCH-K® these programs can be changed directly where they are stored - in the subconscious mind. The process is simple, gentle and non-invasive.

*"Through PSYCH-K® I have started experiencing freedoms I never thought possible." Seb, Qld*



**Gemma is a fully qualified PSYCH-K® facilitator.** She is passionate about the potential for transformation PSYCH-K® offers. Gemma focuses on holding a safe space in which her partner leads their own journey of transformation.

## Ready to Create Change?

Book a session or a free 15 minute chat

0427 800 082

[hello@lifewellbalanced.au](mailto:hello@lifewellbalanced.au)



Scan to learn more