

## What can you expect?

Energy therapies focus on removing energy congestion that forms in our energy fields (aura) and energy centres (chakras).

Healing Touch re-establishes healthy energy flow through connecting, clearing and balancing the human energy system.

It facilitates a deep sense of calm, relaxation and overall balance. Many individuals also report feeling nurtured and energised after a treatment.

In addition, Healing Touch provides specific responses for body-mind-spirit healing according to the needs of the person receiving treatment.



### Non-Invasive

Healing Touch is done without the use of invasive procedures and offers a gentle, holistic way of healing.



### Effective

Research has shown that Healing Touch facilitates the relaxation response and enhances the healing process.



### Non-Toxic

Healing Touch restores balance and harmony to our natural biofield without the use of pharmaceuticals.



### Economical

Healing Touch does not require the use of equipment or substances and can be done in any setting.

## The Program and classes:

The Healing Touch Program is an international, multi-level educational program in energy based medicine therapy.

The curriculum progresses from beginning to advanced practice.

After completing Level 1 you are ready to begin using and practicing the skills you learned in class.

Find a class in your area or online via our website.



## Healing Touch Practitioners:

Provide exceptional care and facilitate healing and growth for their client using skills learned in the Healing Touch Program training, which is backed by a professional Code of Ethics and Scope of Practice.

Healing Touch Certified Practitioner (HTCP) is a board certified credential.

Healing Touch Program is also accredited as a provider of continuing professional development (CPD) for nurses by the American Nurses Credentialing Center's Commission on Accreditation.

## What is Healing Touch?

Healing Touch is a compassionate energy therapy in which practitioners use their hands in a heart-centered and intentional way to support and facilitate physical, emotional, mental and spiritual health and self-healing.

It utilises light or near-body touch to clear, balance and energise the human energy system.

Healing Touch is a complementary (or integrative) energy therapy that can be used in conjunction with traditional therapies.

**The goal of Healing Touch** is to restore harmony and balance in the human energy system thus creating an optimal environment for the body's innate tendency for healing to occur.

## What are the benefits of Healing Touch?

Research supports that Healing Touch:

- Reduces pain and anxiety
- Relieves stress and depression
- Provides support during chemotherapy
- Strengthens the immune system
- Creates a sense of well-being
- Enhances recovery from surgery
- Deepens spiritual connection



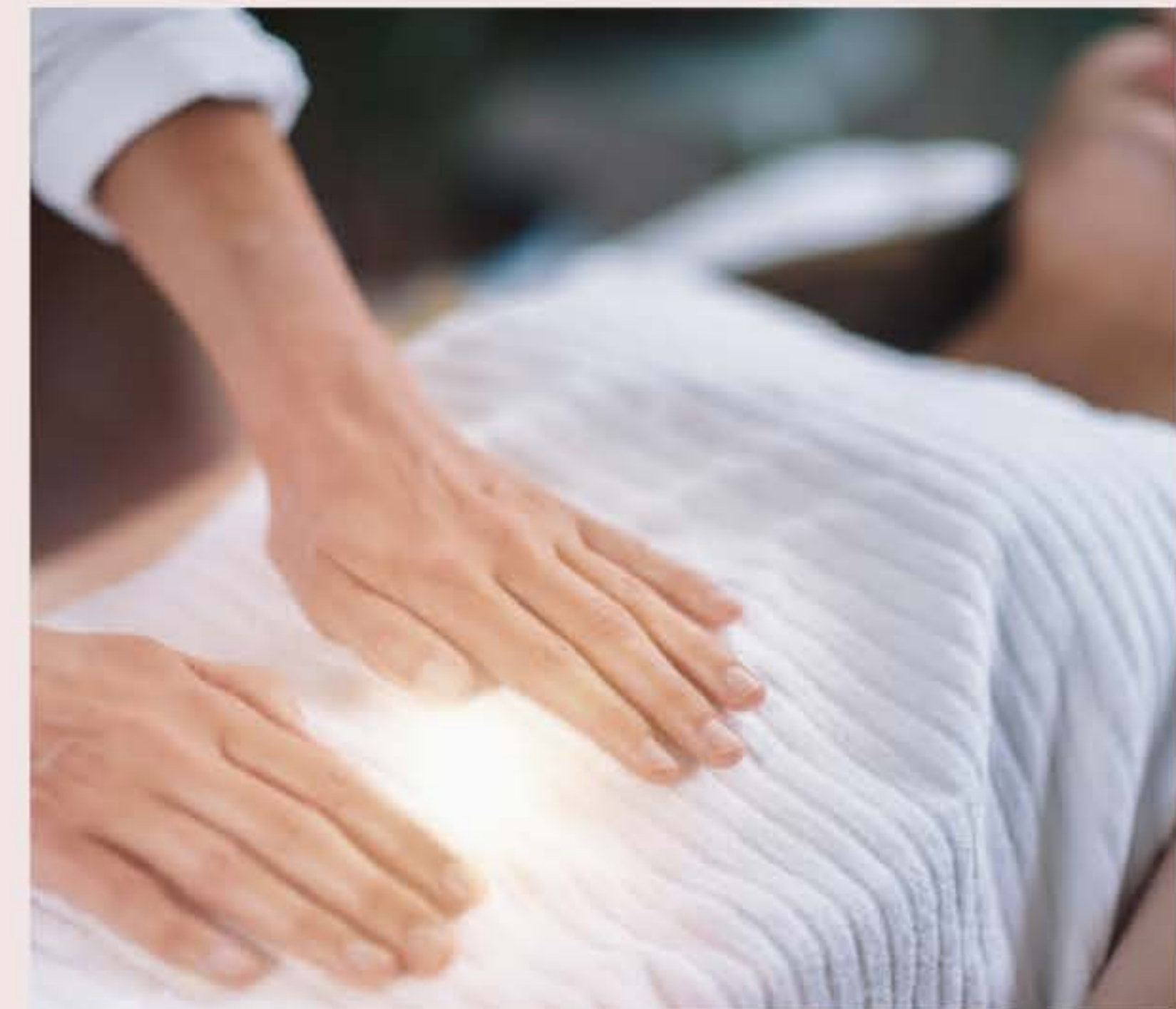
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