

Chakra Balance Empowerment Series

Sacred Sounds is now offering our signature Crystal Singing Bowls Training both In-Person & Online...

'Sacred Sounds Discovery Pathways™' —Crystal Singing Bowls—

Our training pathways offer you the opportunity to discover the power of sound depending on your intentions ranging from personal practice, meditation, family use, carer/support level, practitioner level, professional level or partnership pathways.

Our pathways offer professional guidance facilitated by a qualified Sound Therapists with real-world experience in private sessions, clinical-style sound therapy, group soundbaths, and multi-instrument facilitation.

Crystal Singing Bowls Discovery Pathways™ are designed to meet you where you are — from personal exploration to professional facilitation — blending intuitive sound work with grounded guidance, ethical practice and real-world experience.

Partner with us in our mission to empower people to reach their full potential through the frequency of sound, meditation, colour & light.

Restore Harmony & Balance - Attuned to your Highest Potential

Sound Medicine is the
Future of Holistic Wellness



Our Pathways are simple to follow training in practical ways so that you learn way more than just how to play crystal singing bowls, but how to assess energetic imbalances, apply frequency intentionally, and create safe, effective sound experiences for yourself and others.

Sacred Sounds Australia
Inspired by Light, Sound & Frequency

Ombre Frosted Crystal Quartz Singing Bowls
Full Set \$1441 includes Bags, Rings and Mallets
Individual Bowls from \$222 each

432Hz | 6-12" in-stock
680Hz | 8-14" made to order

Full set ONLY \$1111 when purchased with a Pathway Discovery Session SHOW SPECIAL ONLY!

Full Set Includes Seconded Beginners Lesson | 1 Hour or 1 Hour Attachment for Pickup Orders in Donnybrook ONLY

SOUND THERAPY INSTRUMENTS

Aussie Made & Inspired Crystal Singing Bowls
Available in various Package Options
Sacred Sounds

A MEMBER OF THE INTERNATIONAL INSTITUTE FOR COMPLEMENTARY THERAPISTS

SOUND THERAPY INSTRUMENTS

Crystal Bowls & Harps | Chimes | Gongs
Drums | Monolina | Tuning Forks & More...

Group & Private Lessons



Ask About our Exclusive Festival Deal | Limited Time Offer....

bookings@sacredsoundsaustralia.com.au

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Sacred Sounds

Australia

SOUND & GUIDED MEDITATION

Empowered by the Frequency
of Light, Sound & Colour

Qualified Sound Therapist,
Reiki Master, QHHT &
Energy Practitioner

WELLNESS COACH



MEMBER

INTERNATIONAL INSTITUTE FOR
COMPLEMENTARY THERAPISTS

Crystal Singing Bowl Training

Sacred Sounds Discovery Pathways™

Empowered by the Frequency
of Light, Sound & Colour

SACRED SOUNDS AUSTRALIA

Presents...

Sacred Sounds Discovery Pathways™

Sacred Sounds Australia offers personal and group guided sacred sound experiences, personal practice and progressive training pathways for practitioners and those drawn to sound for personal wellbeing meditation, support work, facilitation, and professional practice. We also supply a wide range of sacred sound and energy tools to empower you to restore harmony and balance to your mind, body, soul and spirit.

Sacred Sounds Discovery Pathways™ offers guided sound experiences that leads you on a journey of either...

- Personal-Discovery
- Personal Practice – Sound Foundations
- Progressive Pathway – Sound Progress
- Practice Pathway – Sound Practice
- Practitioner Pathways – Sound For 1-on-1
- Practitioner Pathways – Sound For Groups
- Elective Pathways – Sound Instruments
- Professional Pathways – Facilitator Training
- Partnership Pathway – Sound Collaboration

Creating a wide range of options for you to expand and progress in your journey.

Our pathways bridge personal practices, intuitive sound with therapeutic knowledge. real-world experience, supporting ethical, embodied & resonant facilitation.

Sacred Sounds Discovery Pathways™

Allow the Purity of Crystal Bowl Tones to Guide you on a Sacred Sounds Discovery Pathway where you can Explore your Souls True Essence, Empowered by the Frequency of Light, Sound and Energy.



Sacred Sounds Discovery Pathways™

Online Discovery Session | 90 minutes | Complimentary Session offers a gentle introduction to crystal singing bowls, sound, vibration and resonance. Ideal for beginners, the crystal singing bowl curious, and those exploring whether sound is part of their path.

P1 | Discovery Pathway | Self-Connection

Attend a Private Discovery Session or Online Pathway Discovery Session. Experience the Resonance of Crystal Singing Bowls and Explore our Pathways & Crystal Bowl Kits
1.5 Hours | Online ONLY | Complimentary

**Restore Harmony & Balance -
Attuned to your Highest Potential**



**improve sleep, moods, relationships,
immunity, mental clarity, anxiety,
nervous system and energy**

Sacred Sounds Discovery Pathways™

P2 | Personal Pathway | Playing for Personal Use
Foundations of Sound - Activation & Initiation
You will need 1+ Bowls * Student Promo Available
• **2 Hours | In-Person or Online | \$111**

Designed for:

Personal use
Meditation & self-regulation
Family or home practice

Focus:

Felt experience of sound
Foundational playing techniques
Choosing and bonding with your bowl



P3 | Practice Pathway | Playing for Personal Use

Practice Harmonising with Sound - Embodiment & Confidence
You will need 2-3 Bowls * Student Promo Available
• **4 Hours | In-Person or Online | \$222**

Designed for:

Building confidence & consistency
Regular personal practice
Supporting others informally

Focus:

Refining technique
Holding space safely
Integrating sound into daily life



Practice Pathway | 2 Hours | FREE
Group Practice Session Soundbath

Individual Crystal Singing Bowls For Sale

- Complimentary 15minute Atunement
- 8 Inch Crystal Bowls ...from \$174-\$222
- 10 Inch Crystal Bowls ...from \$222-\$333

Bowls come with bag, mallet & rubber ring plus 15 minute attunement.

