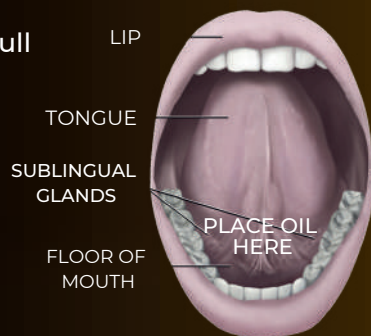


HOW TO TAKE MCB OIL

Shake the bottle
Fill dropper 1/4-1/2 full
Open mouth
Lift tongue
Drop dose under
tongue
Close mouth
Hold for 60 secs
Swallow



DOSAGE

We recommend building up the dosage gradually over several weeks until you find your sweet spot

WEEK 1		3x per day
WEEK 2		3x per day
WEEK 3		3x per day
WEEK 4		3x per day
WEEK 5		3x per day

Number of drops per day

ABOUT SELENO HEALTH

Seleno Health is a specialised New Zealand based natural health company that fuses ancient plant wisdom with modern scientific research. In collaboration with two indigenous farming families in Peru we share ancient shamanic teachings and substantiate them using modern day biochemical research.

We hope to educate people on the importance of connection to their foods, indigenous plant wisdom and how to enhance their own health and well-being naturally.

“Through connection, education, lifestyle changes and supplemental support everyone has the potential to achieve their health goals.”

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WWW.SELENOHEALTH.COM



GUIDE TO MCB OIL

Maca
100x more
concentrated
for your
endocannabinoid
system
needs



ABOUT MACA

- Maca is a traditional plant medicine from Peru known as the 'Food of the Brain'
- It contains 26 indirect plant cannabinoids called Macamides that each have different health benefits.
- It has been a staple source of nutrition by the Inca for centuries.
- It is an adaptogen - meaning it supports harmonious balance during times of stress and promotes energy, vitality and healthy endocrine function.
- Our Maca is scientifically tested to ensure high quantities of cannabinoids
- We have created a pure 100x more concentrated form of Maca as an oil that displays superior properties to the standard Maca powders.

POWDER OR OIL?

Our MCB Oil is created with the same high quality Maca that we use in our powders.
And the good news is you can **combine both** - here is how each differs:

POWDER

Low-Medium Dose
Works over time
Use Daily
Long term Balance
Builds resilience to stress
Mild-moderate support

OIL

Ultra high dose
Works rapidly
Use acutely
Short term re-balance
Returns body to balance
Chronic health support

Contact us for guidance and recommendations
for your Maca treatment plan.

WHAT IS MCB OIL

your
endocannabinoid
system's
new
best
friend



MCB Oil is a legal effective alternative to cannabis oil. A 100x more concentrated blend of 26 different plant cannabinoids derived from Maca that works with the endocannabinoid system (ECS).

It is a 100% legal alternative to cannabis oil
Effective on CB2 receptors
Rapid and potent absorption under tongue
NZ made from Peruvian Maca
Effectiveness assessed by Otago University
Patented novel therapeutic by Seleno Health
Added terpenes for additional CB entourage

ABOUT THE ENDOCANNABINOID SYSTEM (ECS)



The ECS is our master regulatory system that when activated can bring the body rapidly back into homeostasis and allow improved self-healing. Like a series of thermostats throughout our nervous system, the ECS allows us to tune all our cells and systems to find the point of balance. If its too high (hyper) it can bring it down, if too low (hypo) it can bring it up and once in tune it can help keep it there. When the ECS is working well we feel balanced, resilient and strong and our physical and emotional health flourish.

OUR RESEARCH

Through studies at Otago University we have demonstrated that our patented MCB Oil not only activates CB2 receptors but also enhances the natural activity of Anandamide, our main internal human cannabinoid.
The activity of our oil was equivalent to that of CBD on the receptors and ECS activation. It was also demonstrated to display no psychoactive properties and be safe for long-term use.