



[www.soulriver.au](http://www.soulriver.au)

Soul River: a place where coaching, hypnotherapy and spirituality collide in the most beautiful, transformational way!

# READY TO OVERCOME YOUR OBSTACLES & LIMITING BELIEFS SO YOU CAN ACHIEVE YOUR GOALS?

*Soul River is the home of:*

PODCAST: The Best Self Bestie  
SOUL SPA - Corporate Day Retreat  
SOUL SPA - Private Day Retreat  
SOUL SANCTUARY - 1:1 Client Sessions  
WELLNESS STUDIO - Kundalini Yoga & Meditation  
WELLNESS STUDIO - Monthly In Person Workshops  
RECHARGE RETREATS - Quarterly Seasonal Retreat  
TEMPLE OF THE KA - Sacred 5 Month Isis Ka<sup>®</sup> Activation  
COMMUNITY - The Bridge Membership

**insta: @soulriver\_\_**  
**[www.facebook.com/SoulRiverWellness](http://www.facebook.com/SoulRiverWellness)**  
**[www.soulriver.au](http://www.soulriver.au)**

# PODCAST



8pm Thursdays.  
 Inspiration for people who want to live their best life & be their best self

# CORPORATE



Empower your team to lead with clarity and calm. The Soul Spa is a ½ day retreat for performance & presence.

# PRIVATE



Private ½ day retreats for individuals to receive tailored 1:1 guidance and achieve a breakthrough

# 1:1 SESSIONS



A blend of hypnotherapy, coaching, channelling and shamanic healing. Available in person or on zoom

# CLASSES



Visit our Wellness Studio in Brooklyn NSW to join a group Kundalini Yoga or Mental Fitness classes

# WORKSHOPS



Monthly workshops held at our Studio, co-hosted with another expert facilitator. Laugh, sing, grow and learn

# RETREATS



Gather in sacred rhythm with the seasons. Guided by nature and nourished by beauty, these weekends are a chance to slow down, drop in to your true desires

# ISIS KA



A sacred 5 month container, designed to awaken your Ka Body - the energetic light body of your soul - and anchor your higher self into the physical realm

# COMMUNITY



A safe space and path for the devoted and awakened. Infused with antiquity, curiosity & philosophy - curated for individuals who are ready to rise together