

Holistic Ayurvedic DAI MAA Training Course

Learn to guide women through pregnancy and beyond



Guide women through pregnancy and beyond, including practical training in the traditionally sacred, and crucial 40-day post-partum time period.

Come and join us for a remarkable, and fascinating training, involving the theory and practical applications from what is a truly unique and holistic perspective, shining brightly from time immemorial, through Ayurveda.



AUSTRALASIAN INSTITUTE OF
AYURVEDIC STUDIES

Learn with Intention. Serve with Dedication.

Contact us to learn more

Email: aiasayurveda@gmail.com

Phone: 1300 557 487

www.aiasinstitute.com.au



Ayurvedic Vibrational Chakra Sparsha Healing Therapy

A training course in a unique, deep acting therapy, integrating therapeutic touch, sound, gems and precious metal ash.

Learn to bring
Chakras back into
balance with the
Chit Yog Sadhana
program



Ayurveda, an ancient holistic health system, recognises the mind, non-physical aspects (Chitatma manas, senses, bodily sheaths, Koshas, and Chakras), and their role in wellness. While our regular Ayurveda and Yogic philosophy courses touch upon these non-physical aspects, we've developed this special course to provide a deeper understanding of these knowledge areas.



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